

USA  DIVING®



SUPERIOR HIGH DIVE CHALLENGE

JULY 10-13 | DULUTH, MN

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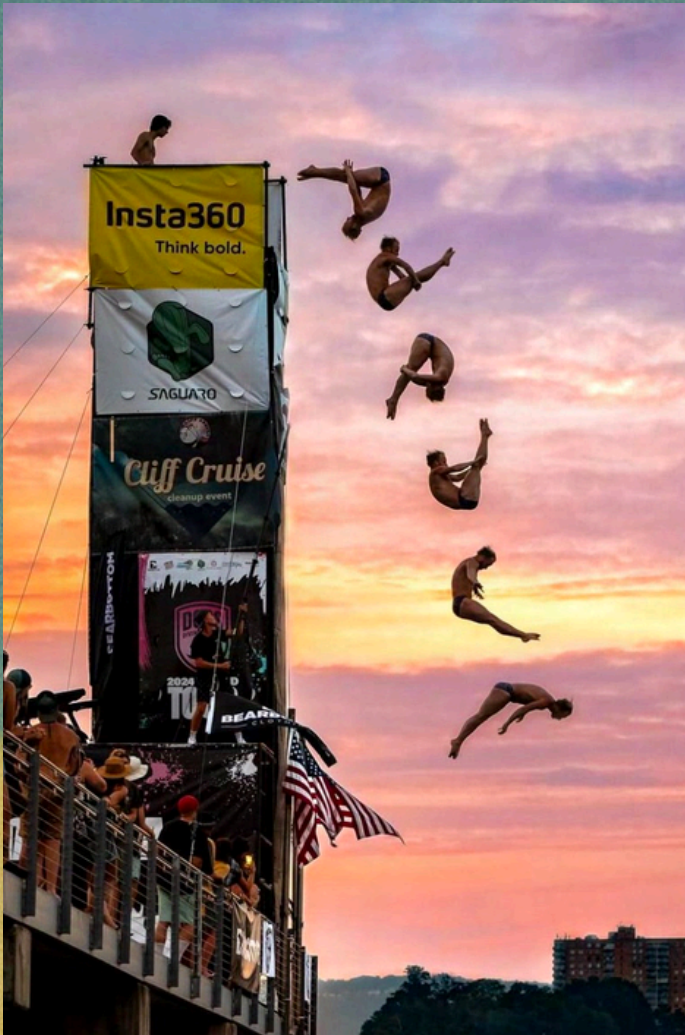




MINNESOTA'S FIRST PROFESSIONAL HIGH DIVING EVENT

Welcome to Duluth, Minnesota! We're thrilled to have you join us for the inaugural Superior High Dive Challenge—the first professional high diving event held on the Great Lakes. Set against the stunning backdrop of Lake Superior and the iconic Aerial Lift Bridge, 10 internationally ranked high divers will battle it out from a 65-foot tower. Athletes will participate in individual and team events to determine who will be crowned the Champions of the Lake!





VENUE

A 65-foot scaffolding tower is being built by Watershow Productions, led by Minnesota native Dana Kunze. Dana holds the world record for the highest dive ever performed—an astonishing 172 feet—and produces professional high diving shows across the country. The tower is being constructed on the newly completed seawall behind the Duluth Entertainment Convention Center, which will serve as the competition venue.





FESTIVAL OF SAIL

USA Diving is proud to partner with the Festival of Sail, one of the city's most anticipated summer events. This collaboration offers a unique opportunity to showcase professional high diving to a massive and enthusiastic crowd, making it one of the largest high diving audiences in the country this year. All ticket holders to the Festival of Sail can enjoy the live high diving event!



EVENT SCHEDULE

JULY 10

3-4 PM: Open practice & exhibition

JULY 11

12 PM-12:45: Open practice & exhibition

3-4:30 PM: Individual competition

5 PM: Podium ceremony

JULY 12

12 PM-12:45: Open practice & exhibition

3-4:30 PM: Pairs competition

5 PM: Podium ceremony

JULY 13

12-12:40 PM: Exhibition



ATHLETE START LIST



WOMEN



KIMBERLEY BENSON

Kimberley began her diving journey at the age of 20, when she performed in a summer show that sparked her passion for the sport. Since then, she has trained diligently to build a complete list of dives from 20 meters. The Superior High Dive Challenge marks her official debut in competition with a full high dive list.



MEILI CARPENTER

Hailing from Colorado, Meili Carpenter made a dynamic entrance into the world of high diving in 2021, following an international career performing in acrobatic shows. Since then, she has quickly risen through the ranks, claiming 4th overall in the 2025 Red Bull Cliff Diving World Series and earning an impressive fifth place finish at the 2023 World Championships in Japan.



WOMEN



LISA FAULKNER

Lisa has showcased her high diving talent in shows around the globe, including The House of Dancing Water in Macau and as a featured performer with Royal Caribbean. She made her competitive debut at the USA High Diving National Championships in Fort Lauderdale last summer.



MAYA KELLY

Minnesota native Maya Kelly is the youngest competitor in the field at just 18 years old. A Junior World Championship medalist, she continued her rise on the international stage with a standout sixth-place finish at the 2024 Senior World Cup in Bahrain.



WOMEN



IZZY MROZ

After graduating from Virginia Tech in 2023, Izzi has set her sights on the highest level of competitive diving. In 2024, she made waves in the diving community by executing a quad back somersault from 66 feet—currently the most difficult dive ever performed by a female athlete worldwide.



MEN



CARTER BAKER

The 2022 Junior World Championship bronze medalist in the 15-meter category, Carter from British Columbia, has been steadily pushing his dive list to new heights. This rising talent will take the next step in his high diving journey later this summer as he joins Royal Caribbean as a featured performer in their high dive show.



NATE JIMERSON

Originally from Burnsville, Minnesota, Nate was inducted into the St. Cloud State Hall of Fame in 2023 for his success in international diving. Following a performance career with The House of Dancing Water in Macau, Nate returned to the U.S. in 2021 to continue his diving journey as a competitor.



MEN



SCOTT LAZEROFF

Scott, an all-around acrobat from New York, specializes in both high diving and trapeze. He made his competitive high diving debut at the 2022 USA High Dive Challenge in Utah and has since earned a place on the USA World Championship Team, finishing 16th at the 2024 World Championships.



BRAD RUMPIT

Brad grew up "across the pond"—in Wisconsin! After a successful collegiate diving career at the University of Wisconsin-Madison, he went on to represent his second home, New Zealand, on the international stage. He finished 14th at the 2024 World Championships, proudly competing as a dual citizen.



MEN



ALEX TIAGLEI

Crossing the border from Winnipeg, Alex is making his senior competition debut. A bronze medalist at the 2024 Junior World Championships, he’s already proven himself on the platform, having performed multiple dives from the formidable 27-meter height.



JUDGES



AIDAN HESLOP
HEAD JUDGE

2024 Red Bull Cliff Diving World
Series champion



JASON BAUMANN
North Star Diving



VIVIANA DEL ANGEL
University of Minnesota



GABBY MAUDER
University of Minnesota



MILES ROHRBAUGH
Minnesota Diving Academy



JUDGING 101

JUDGING PANEL

- Panels consist of five judges at major events.
- Each judge scores independently from 0 to 10 in half-point increments.

KEY CRITERIA JUDGES EVALUATE

- Takeoff: Balance, control and power from the platform.
- Flight: Execution of somersaults, twists and body position (tuck, pike, straight).
- Form: Body alignment, toe point and overall aesthetic throughout the dive.
- Entry: Verticality, minimal splash and control upon entry.

SCORING SYSTEM

- The highest and lowest scores are discarded.
- The remaining three scores are added together.
- This total is then multiplied by the Degree of Difficulty (DD) of the dive.
- Final score = (middle 3 judge scores) × DD.
- DD is pre-assigned based on dive complexity (height, number of somersaults/twists).
- Encourages risk and innovation, but only if executed well.

COMMON DEDUCTIONS

- Poor form or body position during flight.
- Over- or under-rotation on entry.
- Big splash or lack of vertical alignment.



COMPETITION FORMAT

JULY 11: INDIVIDUAL EVENT

- Three rounds of diving will be contested.
- In the first round, known as the voluntary round, all dives will be given the same difficulty rating of 2.6.
- Rounds two and three are the optional rounds, which allow for up to 5 somersaults and twists, and no maximum difficulty limit.
- The winner will have the highest total points after all dives are completed.

JULY 12: PAIRS EVENT

- Two rounds of diving will be contested.
- Each team will feature one male and one female diver, competing as a pair.
- The first round will be individual dives from both the male and female divers.
- The second round will be a synchronized round where both the male and female divers will take off simultaneously.
- The winners will have the highest total points after all dives are completed.





TICKETING

All ticket holders to the 2025 Festival of Sail will be able to witness the diving competition at the Duluth Entertainment Convention Center.

Tickets are available from the official Festival of Sail website using the two links below:

[Splash Zone Tickets](#)

[Festival of Sail Tickets](#)



THANK YOU TO OUR PARTNERS



"WE PRODUCE FUN" Since 1985



**WE LOOK
FORWARD TO
WELCOMING YOU
TO DULUTH!**

